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qScript[®] XLT One-Step RT-qPCR ToughMix[®], Low ROX™

Cat No.	95134-100	Size:	100 x 20 µL reactions (1 x 1 mL)
	95134-500		500 x 20 µL reactions (5 x 1 mL)
	95134-02K		2000 x 20 µL reactions (1 x 20 mL)

Store at -25°C to -15°C protected from light

Description

qScript XLT One-Step RT-qPCR ToughMix, Low ROX is a ready-to-use, highly sensitive master mix for reverse transcription quantitative PCR (RT-qPCR) of RNA templates using hybridization probe detection chemistries such as TaqMan[®] 5'-hydrolysis probes on Applied Biosystems 7500, 7500 Fast, ViiA[™] 7, QuantStudio[™] 12K Flex or Stratagene MX series of real-time PCR systems. First-strand cDNA synthesis and PCR amplification are carried out in the same tube without opening between procedures. It is ideal for highly sensitive quantification of RNA viruses or low abundance RNA targets as well as high throughput gene-expression studies. The system has been optimized to deliver maximum RT-PCR efficiency, sensitivity, and specificity in reduced reaction volumes and fast cycle times. qScript XLT One-Step RT-qPCR ToughMix, Low ROX contains all required components for RT-qPCR except RNA template and probe. It is compatible with all dual-labeled probe chemistries.

qScript XLT is an engineered M-MLV reverse transcriptase with reduced RNase H activity and improved activity and stability at higher temperatures. The use of higher temperatures (50 to 55°C) for the first-strand step of one-step RT-qPCR provides higher specificity for primer annealing and disruption of RNA secondary structure that can interfere with cDNA synthesis.

qScript XLT One-Step RT-qPCR ToughMix, Low ROX is highly resistant to PCR inhibitors. A key component of the ToughMix is an ultra pure, highly processive thermostable DNA polymerase that is combined with high avidity monoclonal antibodies. This provides an extremely stringent automatic hot-start that minimizes the potential for primer-dimer and other non-specific PCR artifacts. The light blue color of the AccuVue[™] tracer dye simplifies reaction assembly in white, or clear, plates and helps to minimize pipetting or mixing errors. It does not interfere with qPCR performance or affect the stability of the product.

Instrument Compatibility

Different real-time PCR systems employ different strategies for the normalization of fluorescent signals and correction of well-to-well optical variations. It is critical to match the appropriate qPCR reagent to your specific instrument. The qScript XLT One-Step RT-qPCR Kit, Low ROX provides seamless integration on the Applied Biosystems 7500, 7500 Fast, ViiA 7, QuantStudio 12K Flex or Stratagene MX series of real-time PCR systems. Please visit our web site at www.quantabio.com to find an optimized kit for your instrument platform(s).

Components

Reagent qScript XLT One-Step RT-qPCR ToughMix, Low ROX (2X) Description

2X reaction buffer containing dATP, dCTP, dGTP, dTTP, magnesium chloride, qScript XLT reverse transcriptase, RNase inhibitor protein, hot-start DNA polymerase, AccuVue blue qPCR dye, Low ROX Reference Dye and stabilizers

Storage and Stability

Store components in a constant temperature freezer at -25°C to -15°C protected from light upon receipt. Repeated freezing and thawing does not affect RT-qPCR performance. For lot specific expiry date, refer to package label, Certificate of Analysis or Product Specification Form.

Guidelines for One-Step RT-qPCR

- The design of highly specific primers and probes is a critical parameter for successful one-step RT-qPCR. The use of computer aided primer design programs is encouraged in order to minimize the potential for internal secondary structure and complementation at 3'-ends within each primer, the primer pair, and primer/probe combinations. Regions of strong RNA secondary structure should be avoided as this can interfere with primer hybridization and/or impede procession of the reverse transcriptase. For best results, amplicon size should be between 70 and 150 bp. Optimal results may require titration of primer concentration between 300 and 900 nM. A final concentration of 450 nM each primer and 100 to 150 nM probe is effective for most applications. The efficacy and efficiency of any primer/probe set should be validated under fast cycling and/or rapid ramp rate protocols before use in qPCR studies.
- If frozen, thaw qScript XLT One-Step RT-qPCR ToughMix, Low ROX on ice. Thoroughly mix by gently vortexing, and then centrifuge to collect contents to the bottom of the tube. Retain on ice before use.

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Guidelines for One-Step RT-qPCR continued:

- To maximize specificity, reactions should be assembled on ice. The hot-start DNA polymerase is inactive prior to high temperature activation; however, qScript XLT reverse transcriptase is active at lower temperatures.
- First-strand synthesis can be carried out between 42°C and 55°C. Optimal results are generally obtained with a 5 to 10-minute incubation at 48 to 50°C. Longer incubation times for first-strand synthesis (up to 20 min) may be used.
- We recommend a minimum of 30s incubation at 95°C to inactivate the RT and activate the hot-start polymerase prior to PCR cycling.
- The kit is compatible with both fast or standard qPCR cycling protocols. Annealing and or extension temperatures may need to be optimized for a
 given primer/probe design or fluorogenic probe chemistry. Use the suggested protocol as a starting point. Multiplexed RT-qPCR may benefit from
 a slightly longer extension time (45 to 60s).
- Preparation of a reaction cocktail is recommended to reduce pipetting errors and maximize assay precision. Assemble the reaction cocktail with all required components except RNA template and dispense equal aliquots into each reaction tube. Add RNA to each reaction as the final step. Addition of sample as 2 to 5-µL volumes will improve assay precision.
- Suggested input quantities of template are: 1 pg to 100 ng total RNA; 10 fg to 10 ng poly A(+) RNA; 10 to 1x10⁸ copies viral RNA.
- After sealing each reaction, vortex gently to mix contents. Centrifuge briefly to collect components at the bottom of the reaction tube.

Reaction Assembly

Component	Volume for 20-µL rxn.	Final Concentration
qScript XLT One-Step RT-qPCR ToughMix, Low ROX (2X)	10 µL	1X
Forward primer	variable	300 – 900 nM
Reverse primer	variable	300 – 900 nM
Probe	variable	50-200 nM
Nuclease-free water	variable	
RNA template	<u>2 to 5 µL</u>	variable
Final Volume (µL)	20 µL	

Note: For smaller, or larger, reaction volumes scale all components proportionally.

RT-qPCR Cycling Protocol

Incubate complete reaction mix in a real-time PCR detection system as follows:

cDNA Synthesis	50°C, 10 min
Initial denaturation	95°C, 1 min
PCR cycling (30 - 45 cycles)	95°C, 3s to 10s
	60°C, 30s to 60s (data collection step)

Quality Control

Kit components are free of contaminating DNase and RNase. qScript XLT One-Step RT-qPCR ToughMix, Low ROX is functionally tested in RT-qPCR. Kinetic analysis must demonstrate linear resolution over six orders of dynamic range ($r^2 > 0.995$) and a PCR efficiency > 90%

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